

Local Wellness Policy Triennial Assessment

Schools participating in the National School Lunch Program and/or School Breakfast Program are required to have a Local Wellness Policy. At a minimum, the Local Wellness Policy must be assessed once every three years; this is referred to as the Triennial Assessment. Triennial assessments must determine, for each participating school under its jurisdiction, 1) compliance with the wellness policy, 2) progress made in attaining the goals of the wellness policy, and 3) how the wellness policy compares to model wellness policies.

District Name: Anna-Jonesboro CHSD #81

School Name: Anna-Jonesboro Community High School

Date Completed: May 25, 2021

Completed by: Rob Wright

Part I: Content Checklist

Below is a list of items that must be addressed in Local Wellness Policies, based on U.S. Department of Agriculture (USDA) guidance. Check the box for each item included in your Local Wellness Policy. For any box that is not checked, consider taking steps to add the item(s) to the policy in the future. For more information, see [ISBE's Local Wellness Policy Content Checklist](#).

Goals for Nutrition Education

Nutrition Standards for School Meals

Wellness Leadership

Goals for Nutrition Promotion

Nutrition Standards for Competitive Foods

Public Involvement

Goals for Physical Activity

Standards for All Foods/Beverages
Provided, but Not Sold

Triennial Assessments

Goals for Other School-Based
Wellness Activities

Food & Beverage Marketing

Reporting

Part II: Goal Assessment

Input the goals of your Local Wellness Policy into the table below for the corresponding areas: Nutrition Education, Nutrition Promotion, Physical Activity, and Other School-Based Wellness Activities. Indicate if the school is meeting, partially meeting, or not meeting each goal listed. Include any next steps in attaining the goal(s), if applicable. Table rows may be added for additional goals.

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Education				
Nutrition education will be part of the District's comprehensive health education curriculum	X			

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Promotion				
The school will support and promote sound nutrition for students	X			
The school will foster the positive relationship between sound nutrition, physical activity, and the capacity of students to develop and learn	X			

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Physical Activity				
School will support and promote an active lifestyle for students	X			
Physical education will be taught in all grades and shall include a developmentally planned and sequential curriculum that fosters the development of movement skills, enhances health-related fitness, increases students' knowledge, offers direct opportunities to learn how to work cooperatively in a group setting, and encourages healthy habits and attitudes for a healthy lifestyle	X			
During the school day, all students will be required to engage in a daily physical education course, unless otherwise exempted	X			
The curriculum will be consistent with and incorporate relevant <i>Illinois Learning Standards for Physical Development and Health</i> as established by the Illinois State Board of Education	X			

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Other School-Based Wellness Activities				
N/A				

Part III: Model Policy Comparison

Indicate the Model Wellness Policy used for comparison against your Local Wellness Policy. Provide a narrative for each prompt below based on the findings.

- Alliance for a Healthier Generation's Model Wellness Policy
- Rudd Center's WellSAT 3.0
- Other: _____

1. What strengths does your current Local Wellness Policy possess?

- Committed to serving healthy meals that meet all nutritional guidelines
- All nutrition staff are properly qualified and trained
- We teach, model, encourage and support healthy eating by all students
- Healthy nutrition is taught not only in the health curriculum, but supported in other classes as well
- Our physical education classes support the goals set above by the district throughout their curriculum
- We encourage students to participate in extracurricular activities leading to a physically active lifestyle

2. What improvements could be made to your Local Wellness Policy?

- Encourage more cross-curricular activities supporting the local wellness policy
- Promote more family engagement in health related activities
- Do more to develop and promote staff wellness, including professional development activities

3. List any next steps that can be taken to make the changes discussed above.

The District will look into establishing a District Wellness Committee that meets for the express purpose of establishing goals for and overseeing school health and wellness policies. Currently, the local wellness policy is overseen by the district vision team, which is responsible for overseeing several other areas as well.