



SIH Sports Rehabilitation

Sports Physicals

All athletes, dancers and cheerleaders from Anna-Jonesboro are welcome

Screening includes endurance, strength and flexibility, baseline concussions, postural assessments, height, weight, vision and comprehensive physical exams per IHSA standards. No shots will be given.

Questions?

877.656.4999

Physical forms can be pick up from the school nurse.

Bring complete form to you scheuled apt.

\$10 donation suggested. Please make checks payable to AJ Athletics.

All proceeds are given back to participating school athletic departments.

©2021

May 6, 2019

8:30 am - 12:00 pm

Location:

Foyer of School Auditorium

***Schedule apt with school nurse,
Brooke Frank at 618.833.8502**

Physicals provided by



AJ Healthcare