



SIH Sports Rehabilitation

# Sports Physicals

**May 16, 2019**

8:00 am - 11:00 am

All athletes, dancers and cheerleaders from Anna-Jonesboro are welcome

**Location:**  
Upper gym

Screening includes endurance, strength and flexibility, baseline concussions, postural assessments, height, weight, vision and comprehensive physical exams per IHSA standards. No shots will be given.

Questions?

**877.656.4999**

Physical forms can be found at [IHSA.org](http://IHSA.org) or at sports physicals.  
\$10 donation suggested. Please make checks payable to AJ Athletics.  
All proceeds are given back to participating school athletic departments.

Physicals provided by



**AJ Healthcare**